

WORKSHEET

MY PLANNING ACTIVITIES

This worksheet will help you document and track the steps you take when selecting a profession or subjects for further study. You will receive a personal “roadmap” and can review your planning steps. Maybe your dreams and ideas will change – don’t be discouraged, because different paths can lead to the same goal!

Inspiration for your next steps:

- » Which opportunities do I want to take advantage of in terms of preparing for my professional or study-related goals (tests, preparation for interviews...)?
Do I know about all of the opportunities?
- » How well do I know my own values and goals?
- » How much clarity do I have about my interests and strengths?
- » What information do I need?
- » What support services do I want, and by when do I need to take advantage of them?
- » Which practical contacts can I take advantage of? Are there practical experiences that require longer advance preparation?
- » Have I worked out a Plan B? Do I need other options?

MY CHOICE OF PROFESSION OR STUDY – THIS IS WHAT I WANT TO DO	BY WHEN DO I NEED TO TAKE THESE STEPS (THE MORE SPECIFIC THE BETTER)?	WHO CAN HELP ME?	WHAT ELSE DO I NEED?	NOTES, RESULTS